

HOWARD COUNTY ALCOHOL & DRUG ABUSE ADVISORY BOARD
MEETING MINUTES
September 21, 2016
Howard County Health Department, 8930 Stanford Blvd, Columbia, 21045

ADAAB MEMBERS/DESIGNEES: Tsega Amahatsion, Mark Donovan, Robert Ehrhardt, Joe Gagliardi, Kassy Hargadon-Zester, Cindy Johnson, Jack Kavanagh, Ivan Montoya, Carol Robinson, Roe Rodgers-Bonaccorsy, Joan Webb Scornaienchi, Judge William V. Tucker, Jennifer Van Blarcom, Linda Zumbrun, Judge Ricardo Zwaig

GUESTS IN ATTENDANCE: Barbara Allen, Tom Allen, Seanté Hunt

WELCOME & INTRODUCTIONS: The meeting was called to order at 5:17 P.M. by Chair Joan Webb Scornaienchi. She welcomed the board and guests and everyone introduced themselves.

APPROVAL OF AGENDA: The September 21, 2016 Agenda was approved.

APPROVAL OF MINUTES: The June 15, 2016 Minutes were approved.

UNFINISHED BUSINESS:

HEALTH DEPARTMENT UPDATE: Provided by Roe

The Howard County Health Department will cease clinical services for ambulatory outpatient substance use disorder on 12/31/16. The Health Department is having discussions with several private providers regarding opening new clinics and/or expanding existing clinics. Some new referral sources were discussed. Referral source information will be sent to members.

With September being National Recovery Month and Suicide Prevention Month and October having Mental Health Awareness week, Depression Screening Day, and Red Ribbon week, there are several behavioral health awareness events happening in the Howard County in September and October. Dates and times of these events were shared with members.

The Opioid Misuse Prevention Program (OMPP) transferred to the Health Department in FY17 and is now coordinated by Seante' Hunt.

OPIOID MISUSE PREVENTION PROGRAM (OMPP) UPDATE: Provided by Seanté

The recent activities for the Opioid Misuse Prevention grant are as follows:

The Health Department along with James' Place and the Maryland Heroin Awareness Advocates held the County's First Annual International Overdose Awareness Day event on 8/31/16.

The high schools and middle schools granted us permission to distribute Overdose Response Program Training information to parents during the Back to School nights. These events gave us over 20 new training participants. Our next training dates are 9/26, 10/24, 11/21 and 12/19.

We have made several posts to the Behavioral health page of the Howard County Health Department website: a video from Van Mitchell, Secretary of the Department of Health and Mental Hygiene on the Dangers of Fentanyl; information on safe storage and disposal of medication; facts on responding to an overdose, how to gain Narcan from your Primary Care Physician, and the County's efforts to combat the opioid epidemic.

We have faxed the Statewide Standing Order for Naloxone to Pharmacies in the County, and to County prescribers we faxed the Surgeon General's letter expressing his concern about the opioid epidemic and a copy of the CDC's pocket guide on Opioid Prescribing Guidelines.

We have been invited to share our Overdose Response Training information with the School Health Council as well as the Student Assistance Program in October.

We will hold a Tri-County (Howard, Anne Arundel and Harford) Opioids Addiction Summit on 10/4 and train 50 participants in Opioid Overdose Response following the Summit.

There are plans for a County opioid hotline, website and app to give residents multiple avenues to access information on opioid safety, storage, disposal, abuse potential and treatment options.

Our media marketing campaign is underway as we work with Hermann Advertising to bring our message of overdose awareness to the County.

In the spring of 2017, we are planning a CME event with Medchi on best practices for opioid prescribers.

HC DRUGFREE PREVENTION/EDUCATION/OPIOID UPDATE: Provided by Joan

The next national semi-annual medication Take Back Day is scheduled for Saturday, October 22 from 10:00 a.m. to 2:00 p.m. Howard County residents are encouraged to use the convenient drive-thru disposal site outside HC DrugFree's office in the Wilde Lake Village Center. Expired and unwanted over-the-counter and prescription medications as well as "sharps" (needles, syringes and EpiPens) will be collected at the convenient drive-thru disposal site. Community service hours are available to teen volunteers. HC DrugFree's Wilde Lake Village Center location collected 721 pounds in 4 hours on April 30

HC DrugFree is distributing thousands of free opioid education pamphlets addressing safe storage of medications, proper disposal of medications, talking to doctors about medication, how to contact HC DrugFree for assistance, etc.

HC DrugFree is busy working with our partners to plan programs/events for the 2016-17 school year.

HC DrugFree's Teen Advisory Council (TAC) will continue to meet one Monday evening per month throughout the school year. The information gathered from these teens helps guide HC DrugFree's Substance Misuse Prevention/Education throughout the County. In school year 2015-16 TAC had 50 teens participating in the meetings.

As part of the *In the KNOW about Opioids* educational campaign, HC DrugFree is preparing for a fourth visit to pharmacies across Howard County to encourage pharmacy staff to refer customers to HC

DrugFree for guidance on proper medication storage/disposal. This program has been a huge success and calls from pharmacy customers come to HC DrugFree nearly daily.

Joan encouraged board members to visit www.hcdrugfree.org to see the many resources updated during the summer.

HC DrugFree participated in the Korean Festival last weekend and distributed *In the KNOW about Opioids* campaign materials developed in the Korean language.

HC DrugFree continues to educate Howard County residents on the importance of securing medications, distribute medication storage boxes at fairs/events, and target some opioid education to the 50+ population.

Judge Tucker wanted ADAAB to know that Joan will receive the 2016 *Innovator of the Year Award* for the multi-year *In the KNOW about Opioids* educational campaign developed in four languages – English, Korean, Spanish and Arabic.

NEW BUSINESS:

Dr. Gagliardi mentioned suggestion of the board to encourage Howard County General Hospital to develop a needle drop box. Joan reminded the board that HCGH has partnered with HC DrugFree to dispose of the sharps collected at the semi-annual Take Back Days for the past several years.

Judge Zwaig mentioned the need to share alcohol/drug prevention information to children in middle school and questioned what efforts had been made to offer this information to children in the schools.

ANNOUNCEMENTS:

Dr. Gagliardi mentioned he is working with a committee that developed a criteria to monitor prescribers through the prescription drug monitoring program.

Next Meeting is October 19th at 5:15 P.M. at the Howard County Health Department

ADJOURNMENT: The meeting was adjourned at 6:33 P.M.